

Paper:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Set Name:	PHE93
Exam Date:	30 Aug 2022
Exam Shift:	1
Language:	English

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	1
Question ID:	9330101
Question Type:	MCQ
Question:	<p>Which of the following is not correct ?</p> <p>(1) Society is a must for humans</p> <p>(2) Society is an educative media for humans</p> <p>(3) Society is a psychological sanctuary for humans</p> <p>(4) Humans are self-sufficient in meeting out their basic needs, so they don't really need society</p>
A:	1
B:	2
C:	3
D:	4

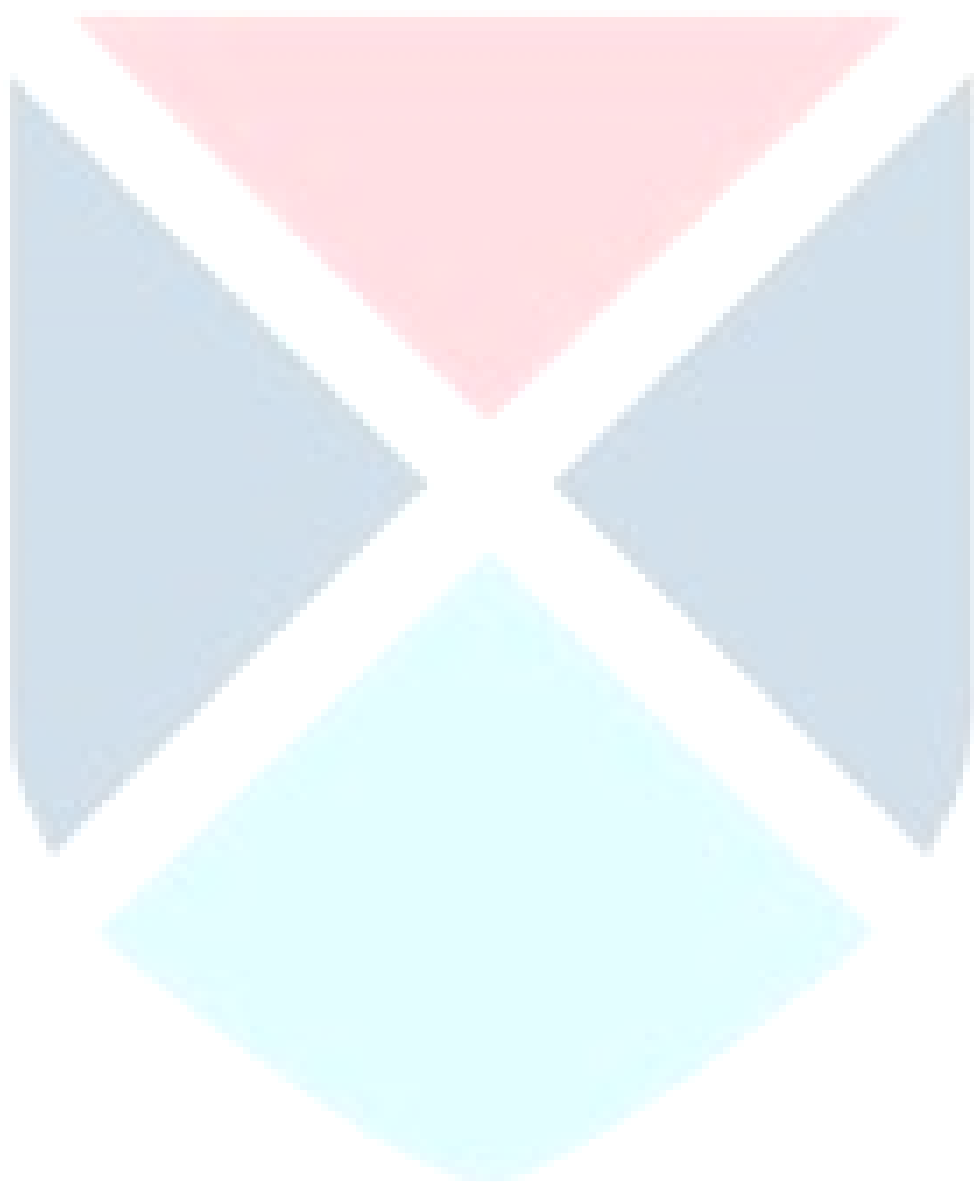
Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	2
Question ID:	9330102
Question Type:	MCQ
Question:	<p>Isokinetic exercises were introduced in the year _____.</p> <p>(1) 1967</p> <p>(2) 1969</p> <p>(3) 1968</p> <p>(4) 1966</p>
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	3
Question ID:	9330103
Question Type:	MCQ

Question:	<p>Definition of endurance “Result of physiological capacity of an individual to sustain movement over a period of time” is given by _____.</p> <p>(1) Barrow and McGee (2) Singh (3) Harre (4) Gwin J.T. & Ferrisd</p>
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	4
Question ID:	9330104
Question Type:	MCQ
Question:	<p>Which one of the following methods is not used for enhancing flexibility of an individual ?</p> <p>(1) Circuit Training (2) Ballistic Method (3) Proprioceptive Neuromuscular Facilitation (PNF) (4) Static Stretching</p>
A:	1
B:	2
C:	3
D:	4

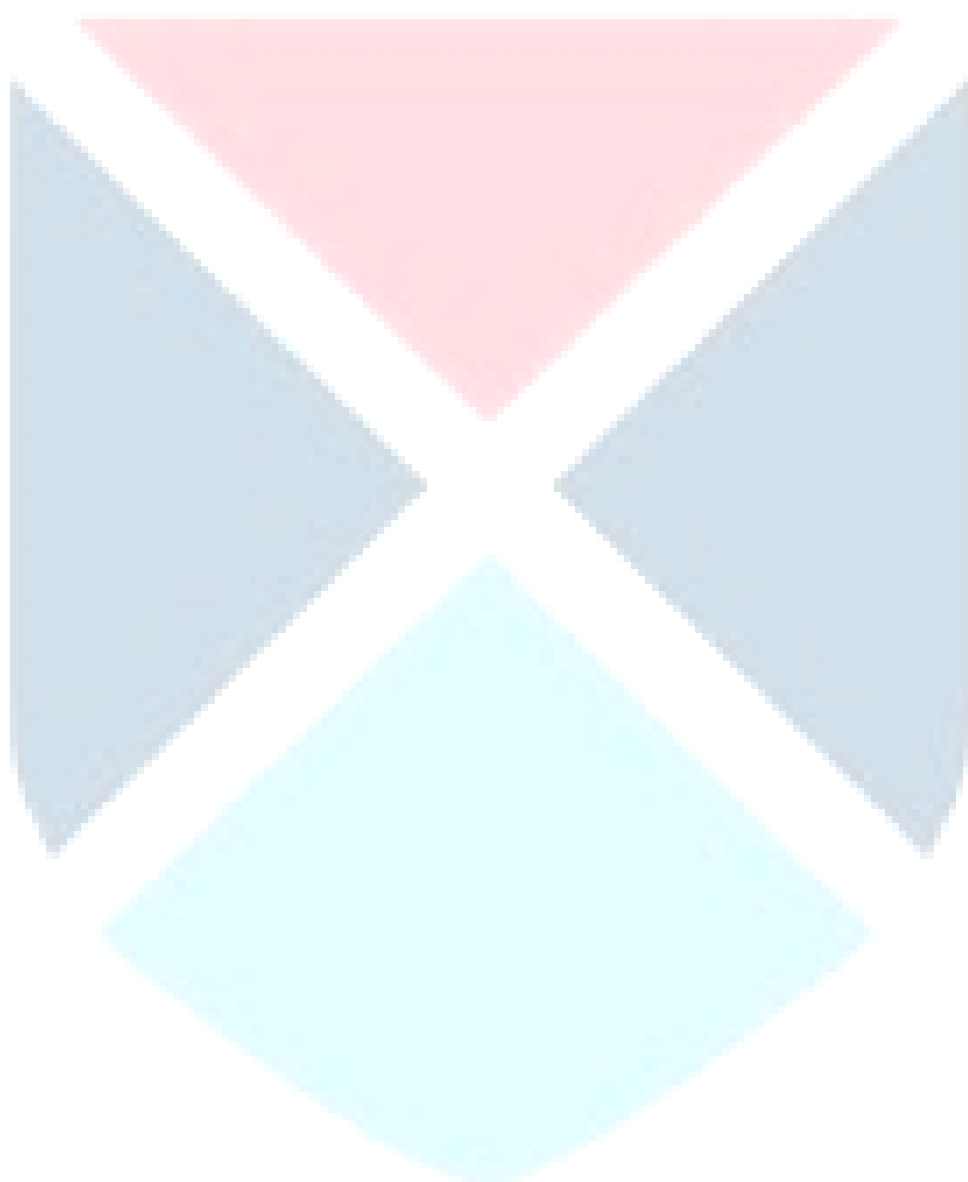
Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	5
Question ID:	9330105
Question Type:	MCQ
Question:	<p>What does S.A.I. stands for ?</p> <p>(1) Sports Authority of India (2) Sports Association of India (3) School Authority of India (4) Sporting Authority of Institutions</p>
A:	1
B:	2
C:	3
D:	4



Item No:	6
Question ID:	9330106
Question Type:	MCQ
Question:	<p>What is the present name of Physical Education Institute of National importance at Shakti Nagar, Gwalior ?</p> <p>(1) L.N.C.P.E (2) L.N.D.P.E (3) L.N.E.P.E (4) L.N.I.P.E</p>
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	7
Question ID:	9330107
Question Type:	MCQ
Question:	<p>In which year was IOA established ?</p> <p>(1) 1927 (2) 1928 (3) 1929 (4) 1930</p>
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	8
Question ID:	9330108
Question Type:	MCQ
Question:	<p>If number of teams are odd, then number of rounds will be _____ in a cyclic method of fixtures.</p> <p>(1) Equal to the total number of teams (2) Total number of teams +1 (3) Total number of teams – 2 (4) Total number of teams +2</p>



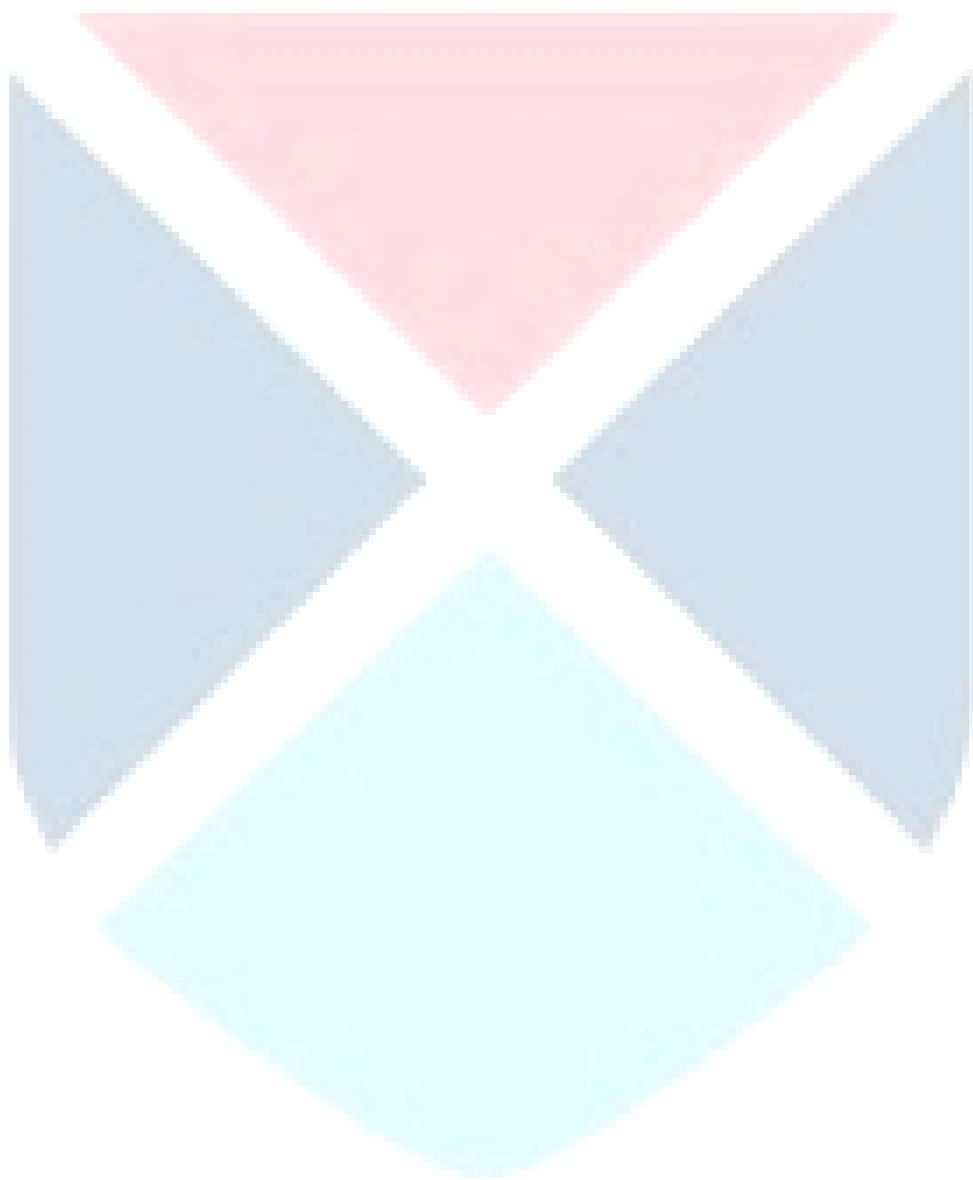
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	9
Question ID:	9330109
Question Type:	MCQ
Question:	<p>The controlling and supervising body for International Basketball is _____.</p> <p>(1) I.F.B.A</p> <p>(2) B.F.I</p> <p>(3) F.I.B.A</p> <p>(4) D.A.B.A</p>
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	10
Question ID:	9330110
Question Type:	MCQ
Question:	<p>The meaning of Intramural is _____.</p> <p>(1) Within the walls in the institute</p> <p>(2) Outside the state</p> <p>(3) Outside the country</p> <p>(4) Outside the district</p>
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	11
Question ID:	9330111
Question Type:	MCQ

Question:



	(3) Staircase method (4) Intramural method
A:	1
B:	2
C:	3
D:	4

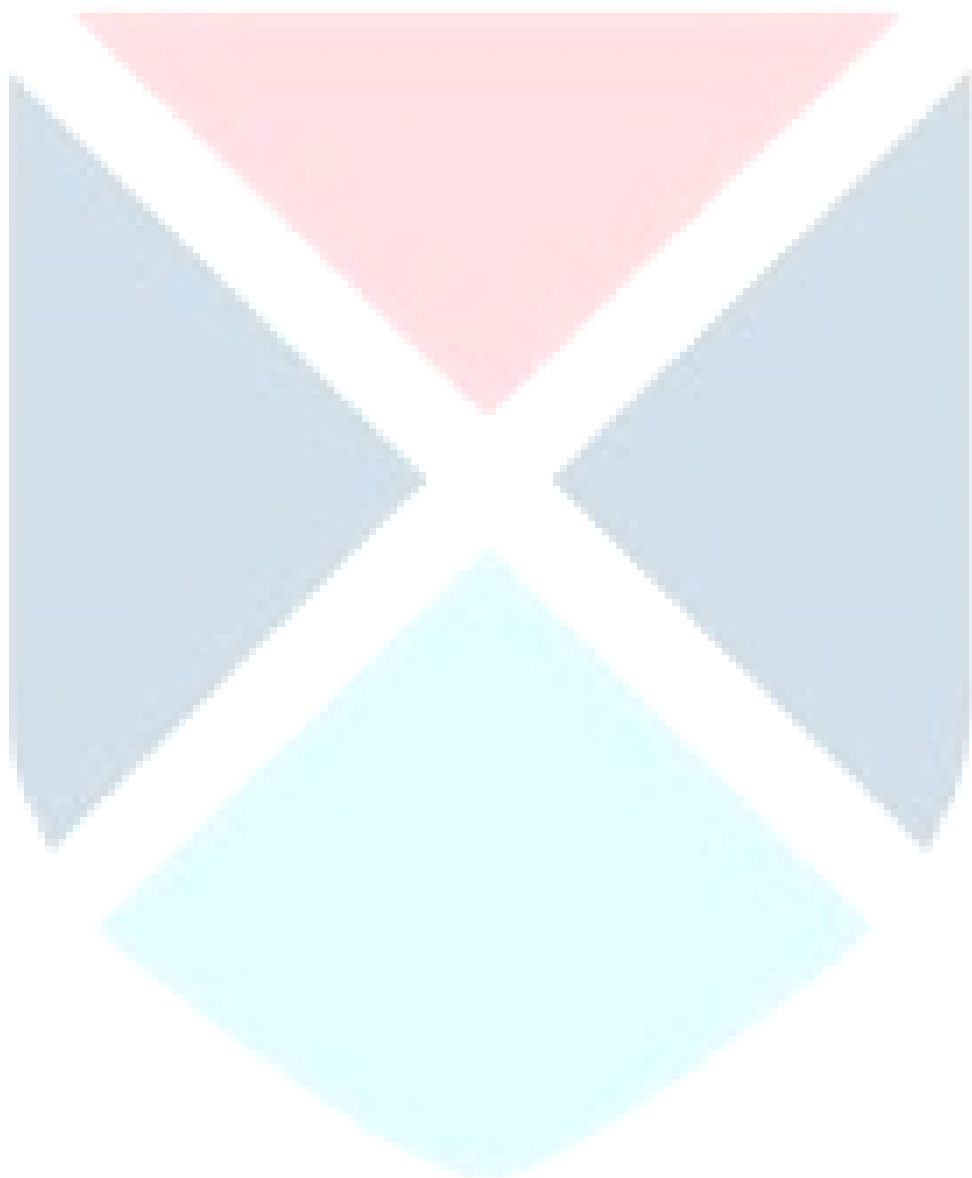
Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	12
Question ID:	9330112
Question Type:	MCQ
Question:	Which one of the below mentioned option is not associated with posture ? (1) Knock-(knee) (2) Round shoulder (3) Flat Foot (4) Bankart Lesion
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	13
Question ID:	9330113
Question Type:	MCQ
Question:	Strike the odd one disease out : (1) Common flu (2) Typhoid (3) Cough (4) Chicken Pox
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	14
Question ID:	9330114
Question Type:	MCQ

Which of the following is a water born disease :

(1) Typhoid

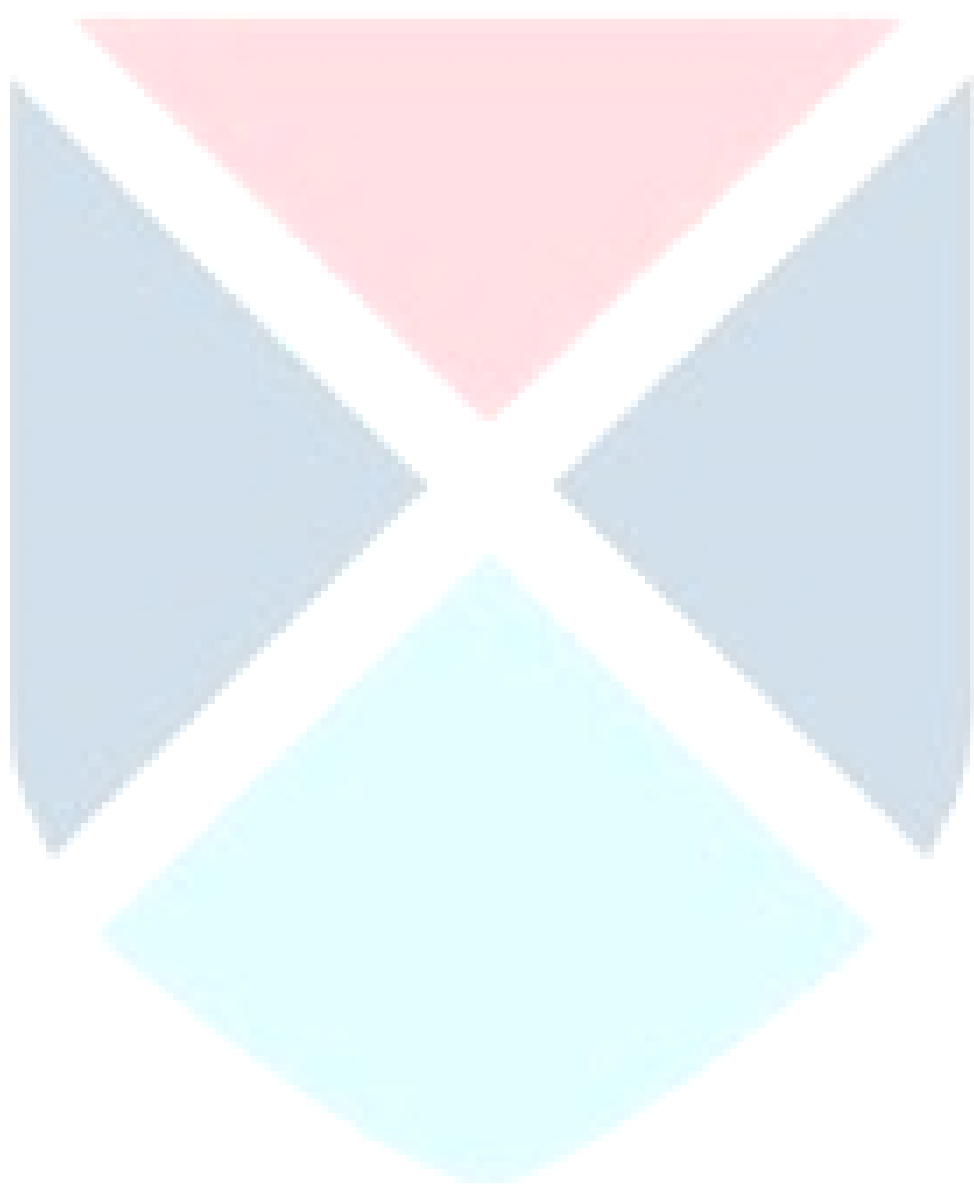


Question:	(2) Asthma (3) Diabetes (4) Hypertension
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	15
Question ID:	9330115
Question Type:	MCQ
Question:	Which of the following is not a soft tissue injury ? (1) Dislocation of bones (2) Abrasion (3) Contusion (4) Strain
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	16
Question ID:	9330116
Question Type:	MCQ
Question:	Maximal oxygen consumption is denoted by : (1) CO ₂ Max (2) VO ₂ Max (3) NO ₂ Max (4) BO ₂ Max
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	17
Question ID:	9330117
Question Type:	MCQ

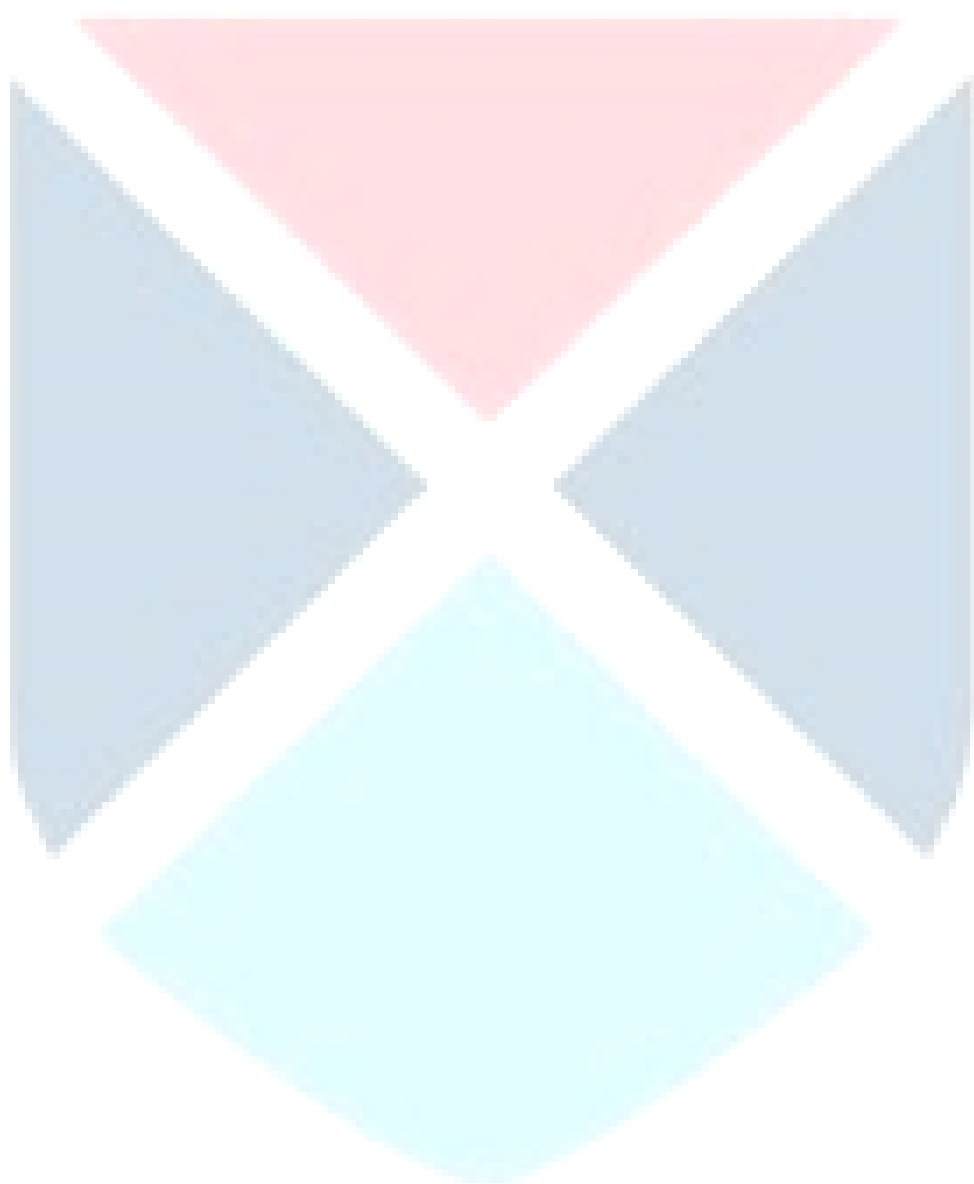


Question:	(1) Carbohydrates (2) Fats (3) Proteins (4) Minerals
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	18
Question ID:	9330118
Question Type:	MCQ
Question:	Skeletal muscles are mainly made of _____ types of muscle fibers. (1) 3 (2) 2 (3) 4 (4) 5
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	19
Question ID:	9330119
Question Type:	MCQ
Question:	The term First-Aid was officially used for the first time by : (1) Red Crescent (2) St. John Association (3) St. John. Ambulance Association (4) Red Cross
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	20
Question ID:	9330120
Question Type:	MCQ



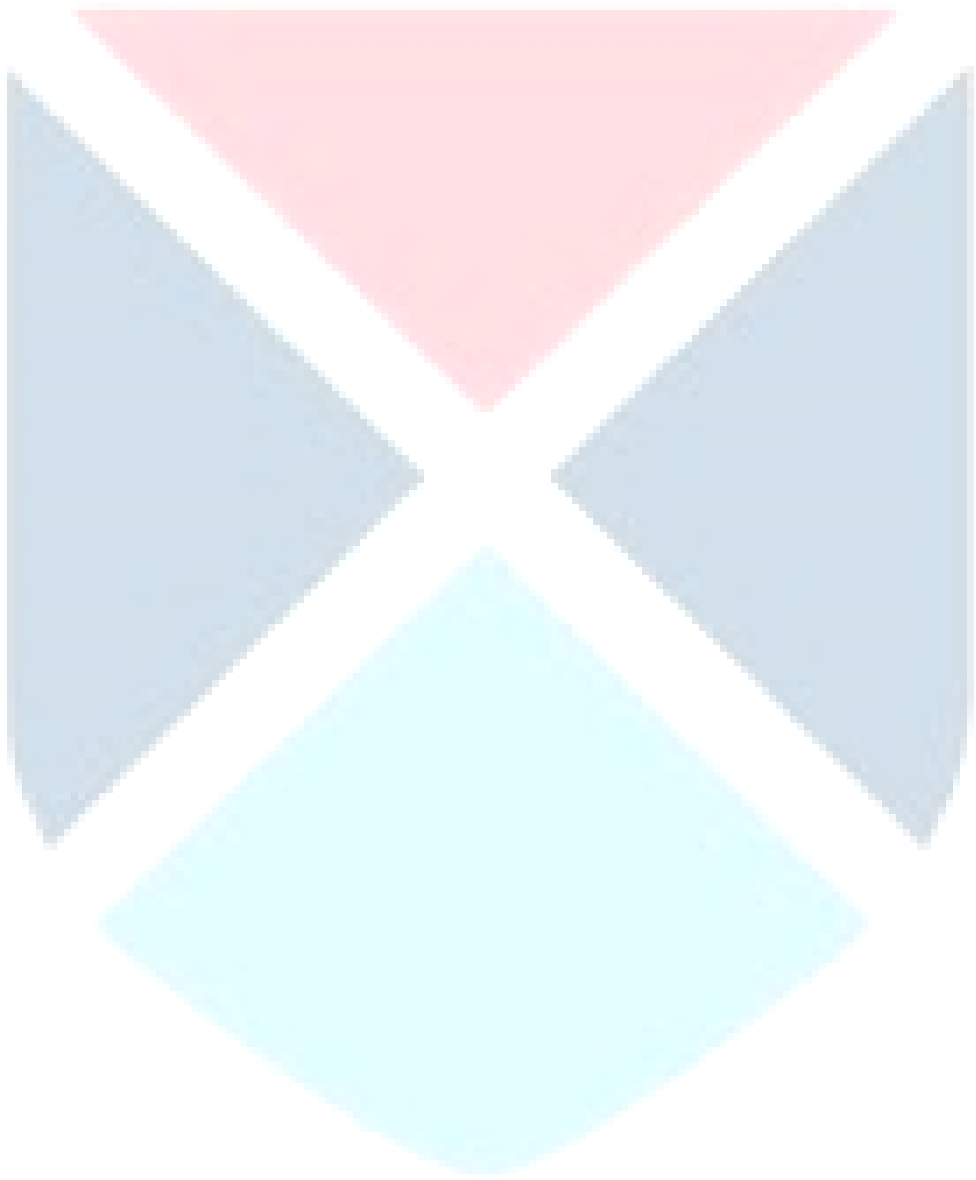
Question:	<ul style="list-style-type: none"> (1) All slow twitch (2) All fast twitch (3) Equal slow and fast (4) More fast twitch and less slow twitch
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	21
Question ID:	9330121
Question Type:	MCQ
Question:	<p>The injury that can be sustained because of too much training is :</p> <ul style="list-style-type: none"> (1) Indirect (2) Direct (3) Soft tissue (4) Overuse
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	22
Question ID:	9330122
Question Type:	MCQ
Question:	<p>Identify the test item of Barrow Motor Ability Test :</p> <ul style="list-style-type: none"> (1) Partial Curl up Test (2) Shuttle Run (3) Medicine Ball Put (4) 50 mts. standing start
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	23
Question ID:	9330123

Question Type:	MCQ
----------------	-----

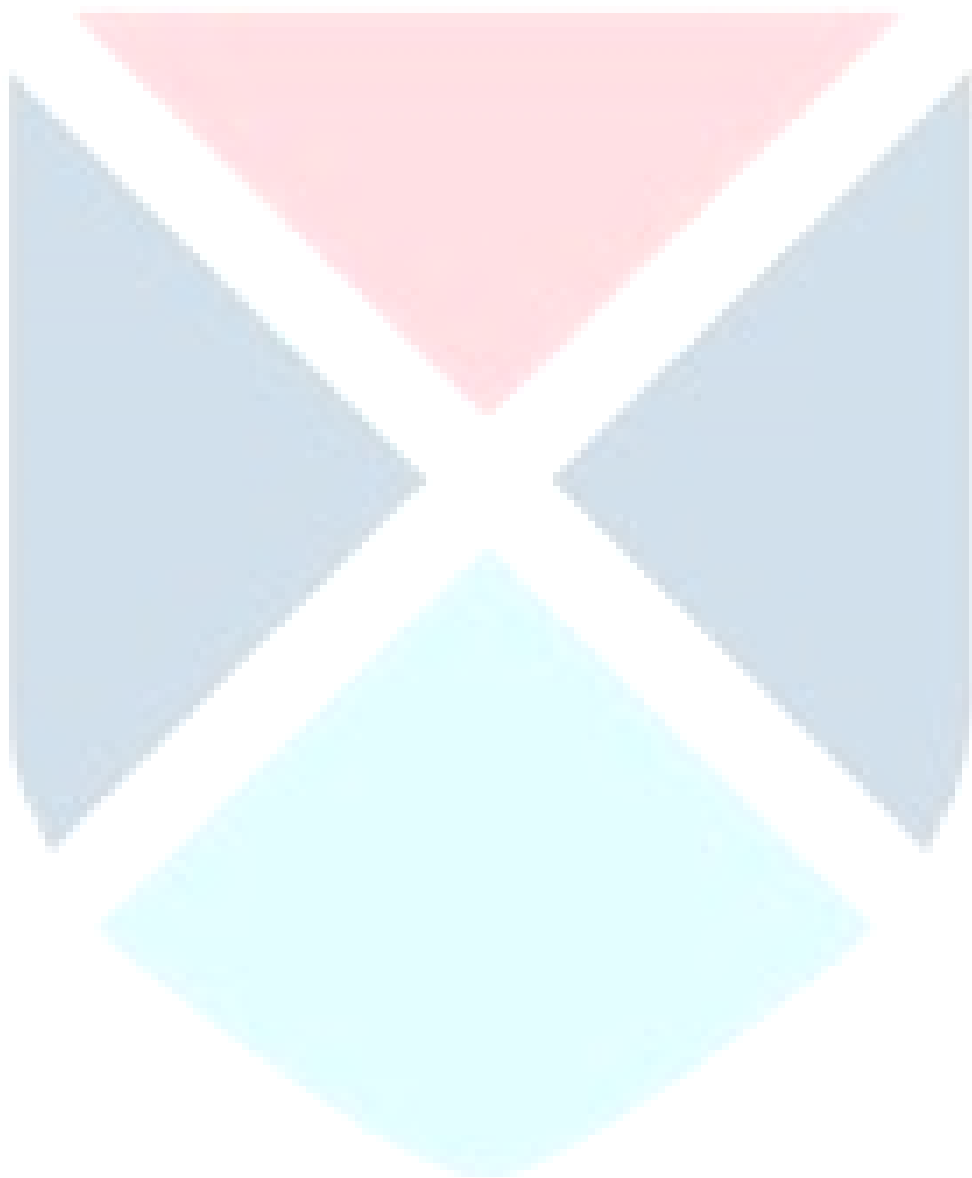


Question:	600 mts. Run/Walk Test measures _____. (1) Speed (2) Endurance (3) Flexibility (4) Strength
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	24
Question ID:	9330124
Question Type:	MCQ
Question:	Which of the following is used to measure Aerobic Capacity of students ? (1) Barrow Motor Fitness Test (2) Standing Broad Jump (3) Rikli & Jones Test (4) Rockport 1 Mile Run and Walk Test
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	25
Question ID:	9330125
Question Type:	MCQ
Question:	Issac Newton was born in which year ? (1) 1641 (2) 1642 (3) 1643 (4) 1645
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	26
Question ID:	9330126

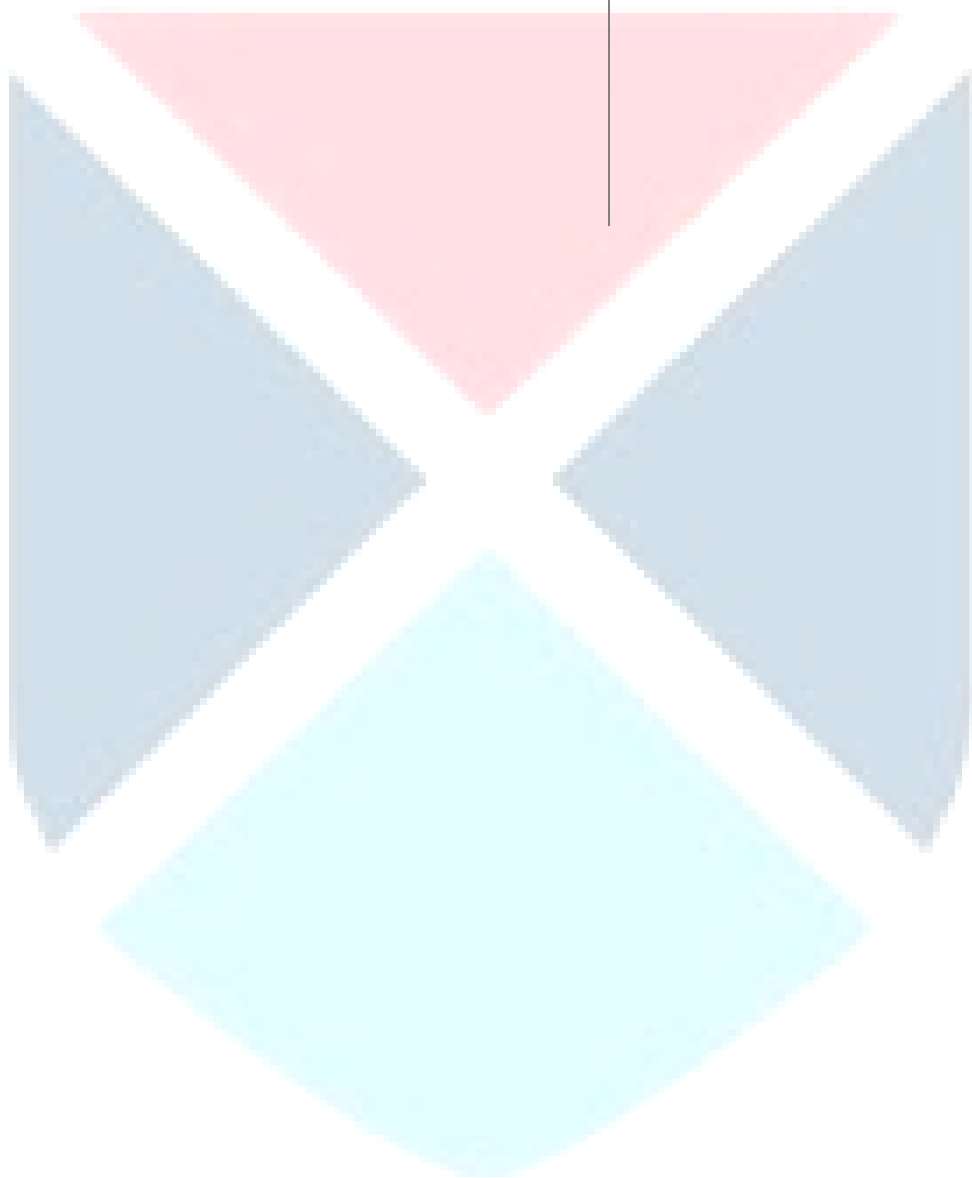


Question:	<p>Newton's Second Law of Motion is also known as :</p> <p>(1) Law of Gravity</p> <p>(2) Law of Momentum</p> <p>(3) Law of Inertia</p> <p>(4) Law of Action and Reaction</p>
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	27
Question ID:	9330127
Question Type:	MCQ
Question:	<p>Standard International unit of measuring force is :</p> <p>(1) Newton</p> <p>(2) Kilogram</p> <p>(3) m/s^3</p> <p>(4) m/s^2</p>
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	28
Question ID:	9330128
Question Type:	MCQ

Question:



(4)



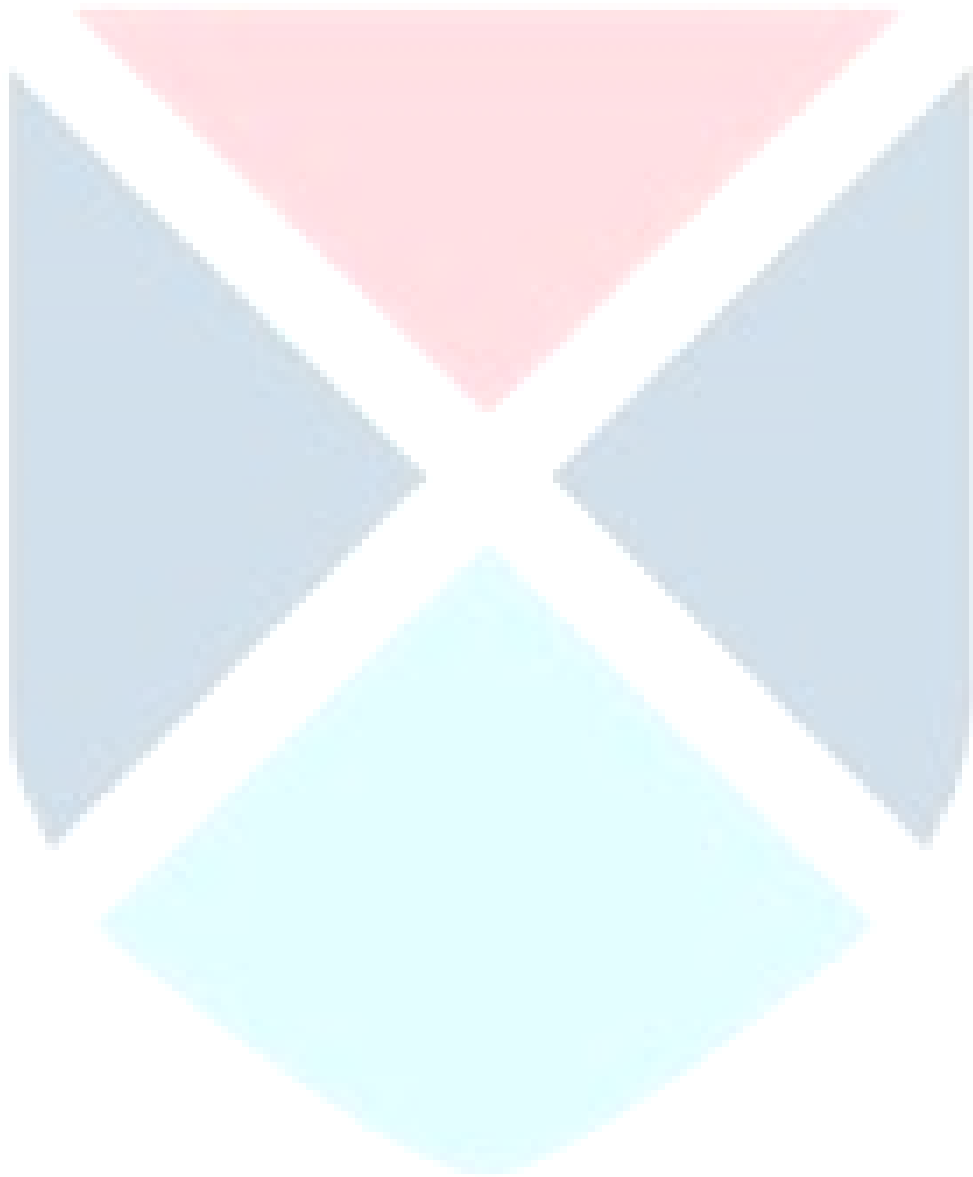
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	29
Question ID:	9330129
Question Type:	MCQ
Question:	Decrease in the angle at elbow joint is called : (1) Extension (2) Flexion (3) Adduction (4) Abduction
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	30
Question ID:	9330130
Question Type:	MCQ
Question:	If a person's personality lies in the middle of introvert and extrovert then he will be known as : (1) Mesomorph (2) Extrovert (3) Endomorph (4) Ambivert
A:	1
B:	2
C:	3
D:	4

Section:

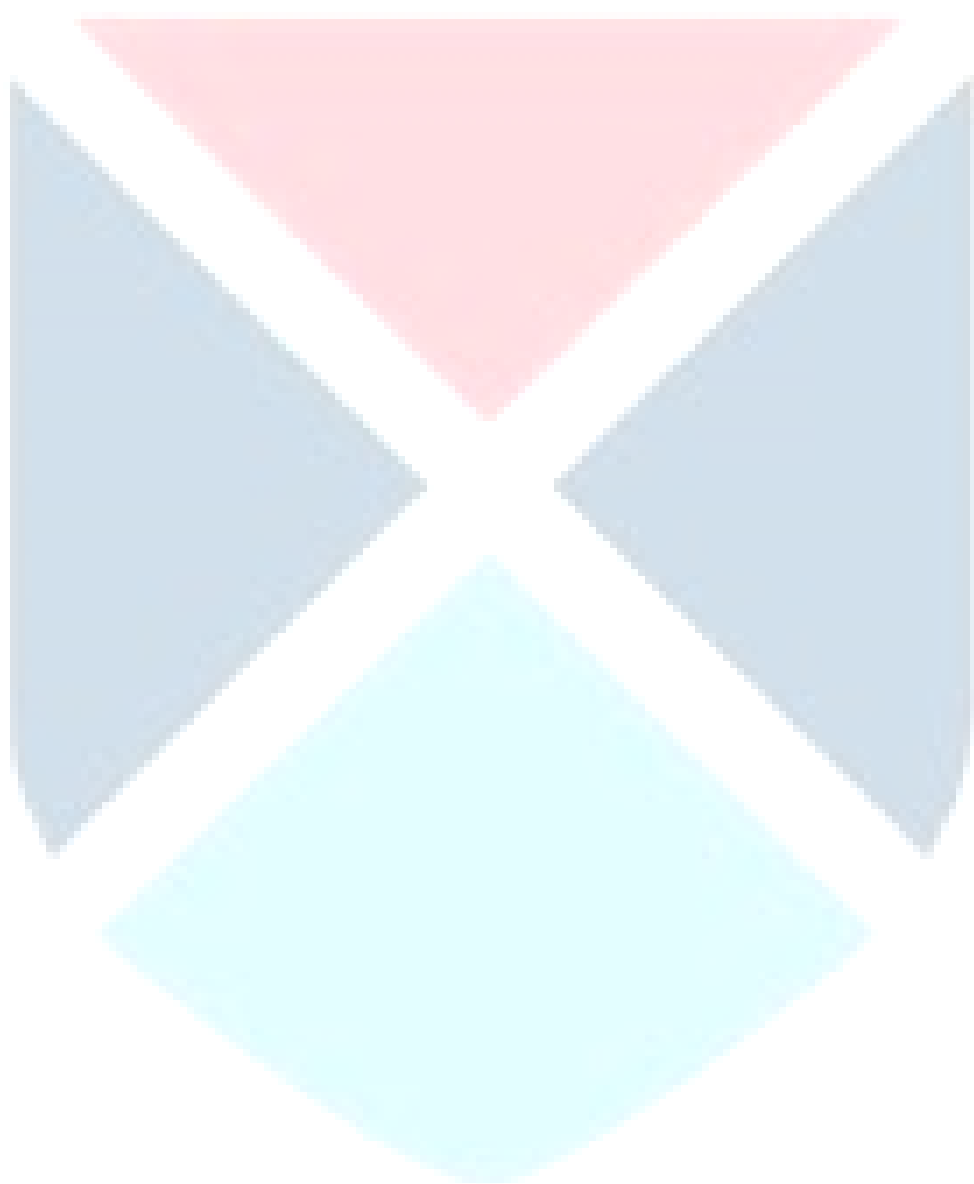
PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA



Item No:	31
Question ID:	9330131
Question Type:	MCQ
Question:	<p>Which of the following is not a part of motivation cycle ?</p> <p>(1) Drive</p> <p>(2) Need</p> <p>(3) Arousal</p> <p>(4) Sympathy</p>
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	32
Question ID:	9330132
Question Type:	MCQ
Question:	<p>Arrange these options in correct sequential order starting from the oldest to the youngest :</p> <p>(A) Toddler</p> <p>(B) Adolescents</p> <p>(C) Infancy</p> <p>(D) Adulthood</p> <p>(E) Old age</p> <p>Choose the correct answer from the options given below :</p> <p>(1) (C), (B), (A), (D), (E)</p> <p>(2) (C), (A), (B), (D), (E)</p> <p>(3) (D), (E), (C), (A), (B)</p> <p>(4) (E), (D), (B), (A), (C)</p>
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	33
Question ID:	9330133
Question Type:	MCQ

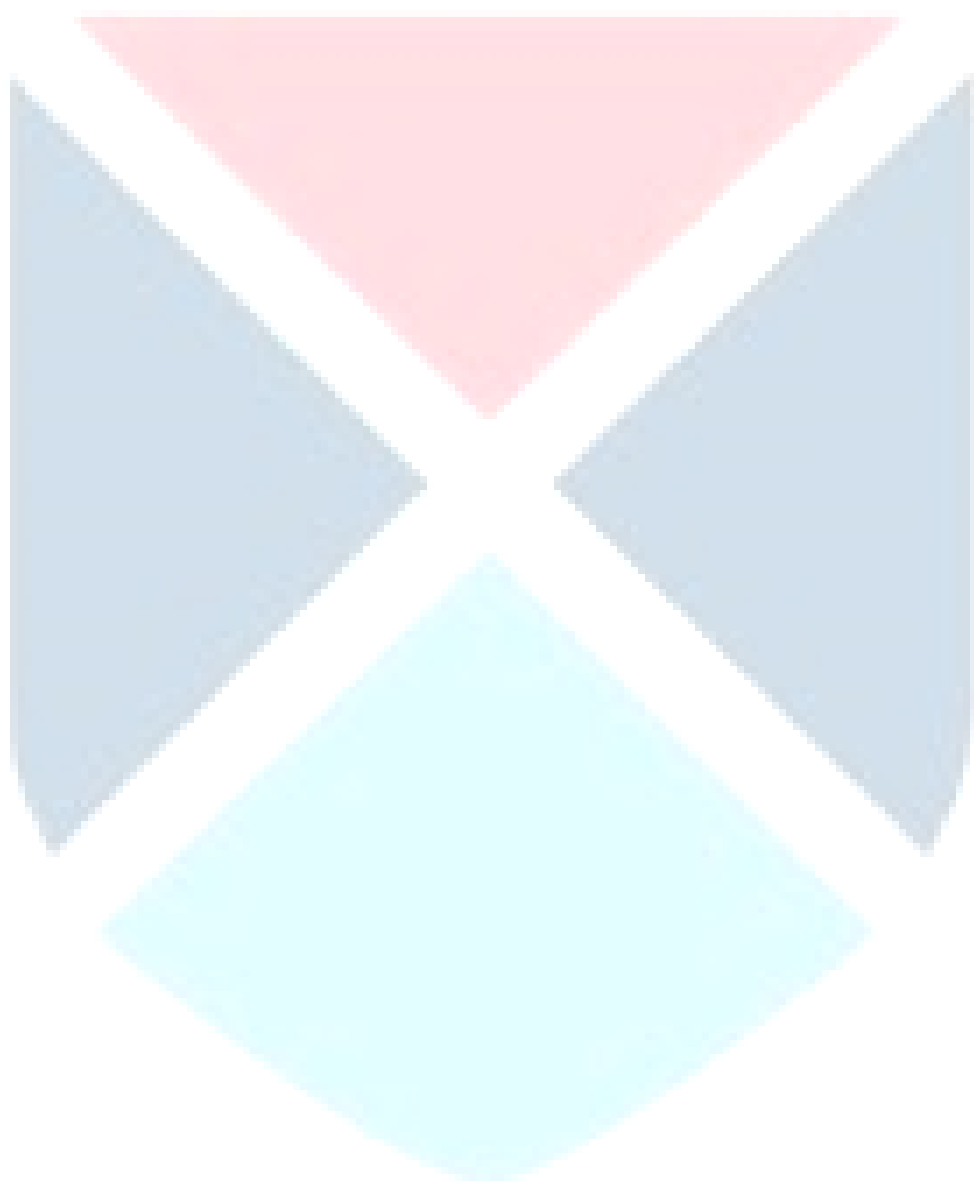


Question:	<p>(A) Cooling down (B) General warm-up (C) Inclined chest press (D) Specific warm up of chest barbell</p> <p>Choose the correct answer from the options given below :</p> <p>(1) (B), (D), (C), (A) (2) (B), (D), (A), (C) (3) (D), (B), (C), (A) (4) (D), (B), (A), (C)</p>
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	34
Question ID:	9330134
Question Type:	MCQ
Question:	<p>Arrange the following institutions, as per their foundation year of establishment from from oldest to the latest ?</p> <p>(A) S.A.I (B) I.O.A (C) LNCPE - Thiruvanthpuram (D) L.N.I.P.E. NERC Guwahati</p> <p>Choose the correct answer from the options given below :</p> <p>(1) (A), (B), (C), (D) (2) (B), (A), (C), (D) (3) (D), (C), (A), (B) (4) (D), (C), (B), (A)</p>
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	35
Question ID:	9330135
Question Type:	MCQ

--	--

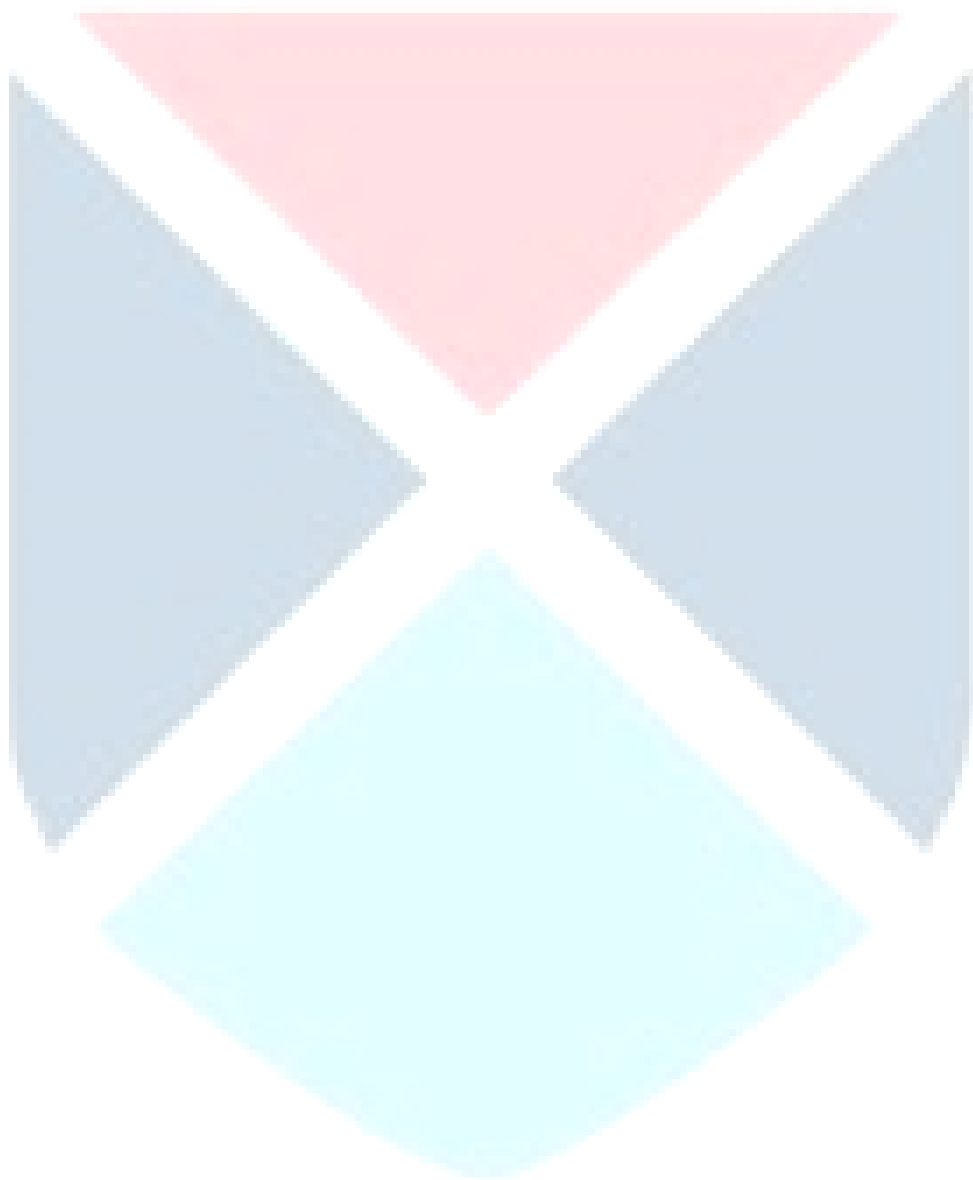


Question:	<p>(C) Non-contact force (D) Couple force</p> <p>Choose the correct answer from the options given below :</p> <p>(1) (A), (B) and (C) only (2) (A), (C) and (D) only (3) (B), (C) and (D) only (4) (A), (B) and (D) only</p>
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	36
Question ID:	9330136
Question Type:	MCQ
Question:	<p>Second law of motion is also known as :</p> <p>(A) Law of Acceleration (B) Law of Inertia (C) Law of Reciprocal Action Force (D) Law of Momentum (E) Law of Gravity</p> <p>Choose the correct answer from the options given below :</p> <p>(1) (A), (B) and (C) only (2) (A), (C) and (D) only (3) (A) and (D) only (4) (B), (C) and (D) only</p>
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	37
Question ID:	9330137
Question Type:	MCQ

Question:



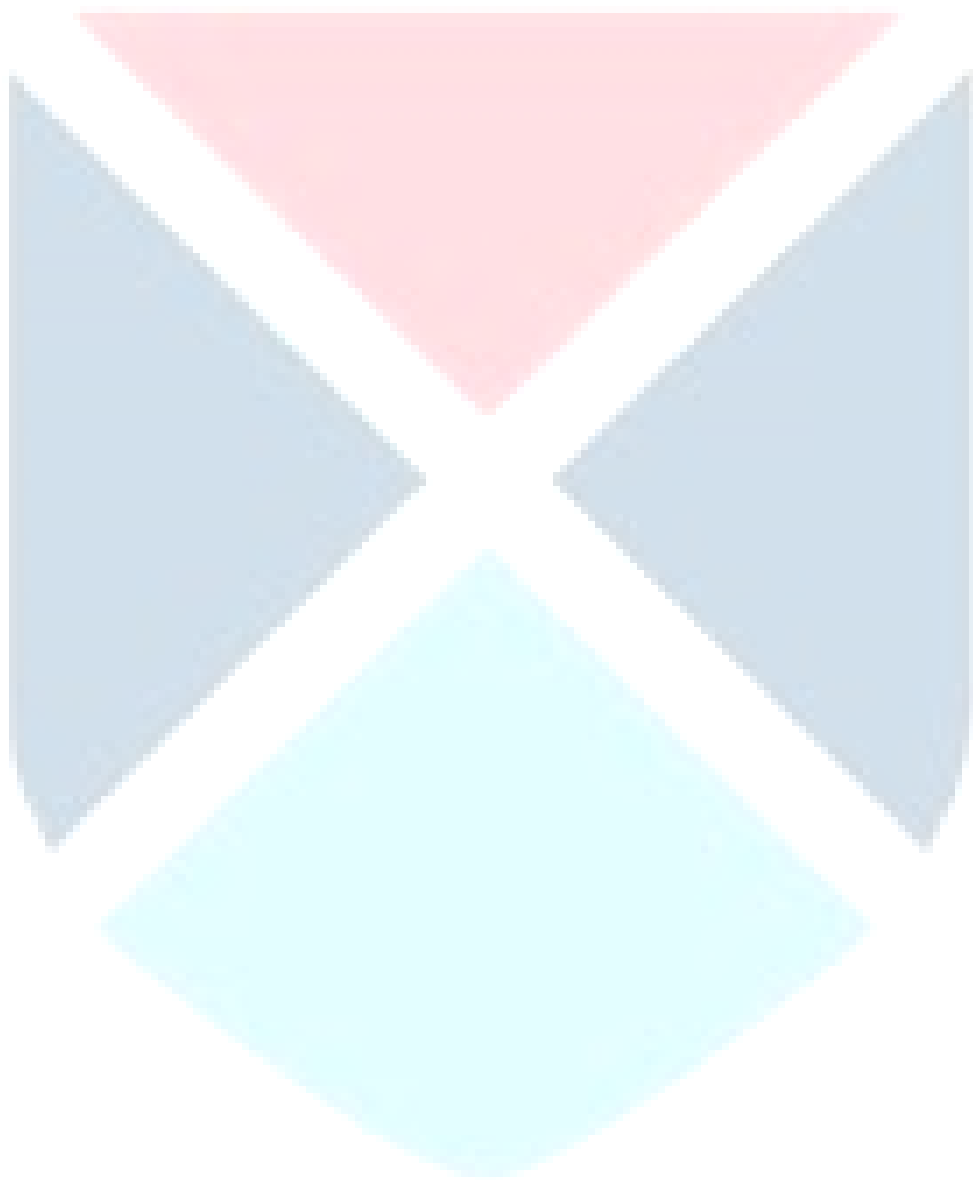
- (1) (A) and (D) only
- (2) (C) and (B) only
- (3) (A), (B) and (C) only
- (4) (A) and (B) only

A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	38
Question ID:	9330138
Question Type:	MCQ
Question:	<p>Which of the following terms along with their meaning are correct ?</p> <ul style="list-style-type: none"> (A) Mesomorphs are muscular (B) Extroverts are shy in public (C) Introverts are reserved (D) Ectomorphs have athletic body type (E) Ambiverts are possessing personality in the middle of introverts and extroverts <p>Choose the correct answer from the options given below :</p> <ul style="list-style-type: none"> (1) (B) and (D) only (2) (C), (D) and (E) (3) (A), (C) and (D) only (4) (A), (C) and (E) only
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	39
Question ID:	9330139
Question Type:	MCQ

Question:



Choose the **correct** answer from the options given below :

- (1) (A) - (III), (B) - (II), (C) - (IV), (D) - (I)
- (2) (A) - (II), (B) - (I), (C) - (III), (D) - (IV)
- (3) (A) - (II), (B) - (IV), (C) - (III), (D) - (I)
- (4) (A) - (II), (B) - (III), (C) - (IV), (D) - (I)

A: 1

B: 2

C: 3

D: 4

Section: PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA

Item No: 40

Question ID: 9330140

Question Type: MCQ

Match **List - I** with **List - II** on the basis of substances with its effect after its consumption.

List - I

List - II

Substance

Effects

- | | |
|-----------------------|--------------------------------------|
| (A) Anabolic Steroids | (I) To improve respiratory functions |
| (B) Beta 2 Agonists | (II) For temporary weight loss |
| (C) Diuretics | (III) To improve alertness |
| (D) Stimulants | (IV) To increase muscle mass |

Choose the **correct** answer from the options given below :

- (1) (A) - (III), (B) - (II), (C) - (I), (D) - (IV)
- (2) (A) - (III), (B) - (II), (C) - (IV), (D) - (I)
- (3) (A) - (IV), (B) - (I), (C) - (III), (D) - (II)
- (4) (A) - (IV), (B) - (I), (C) - (II), (D) - (III)

A: 1

B: 2

C: 3

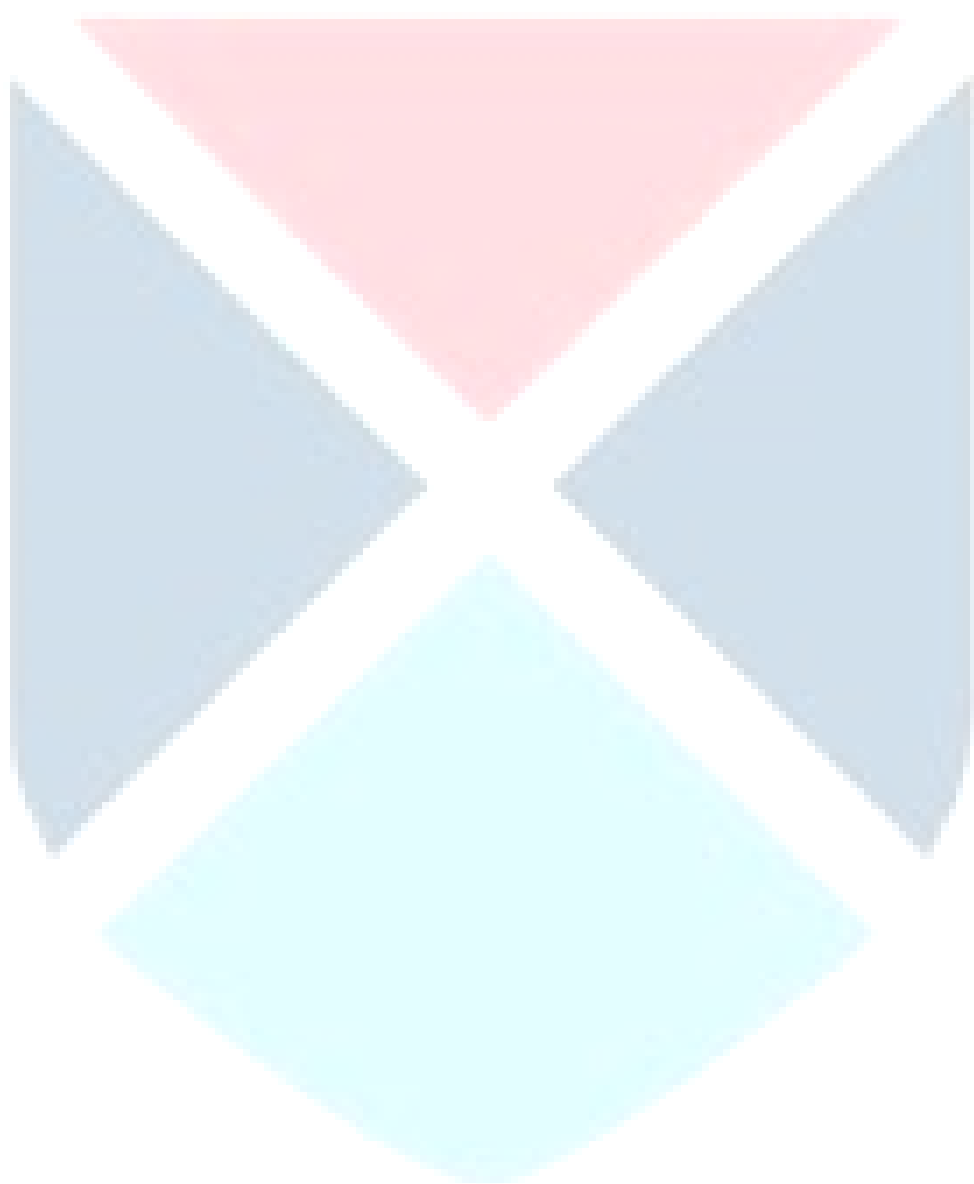
D: 4

Section: PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA

Item No: 41

Question ID: 9330141

Question Type: MCQ



Question:	<p>wise Greeks shaped up their children into men of action and men of wisdom so that they served the state during war and peace with the same strength, power and mental acumen. The Greek citizens were excellent soldiers on the one hand, learned human beings on the other.</p> <p>_____ was not a play area but a formal schooling place for ancients Greeks.</p> <p>(1) Formal School (2) Gymnasium (3) Akharas (4) Sports Arenas</p>
A:	1
B:	2
C:	3
D:	4

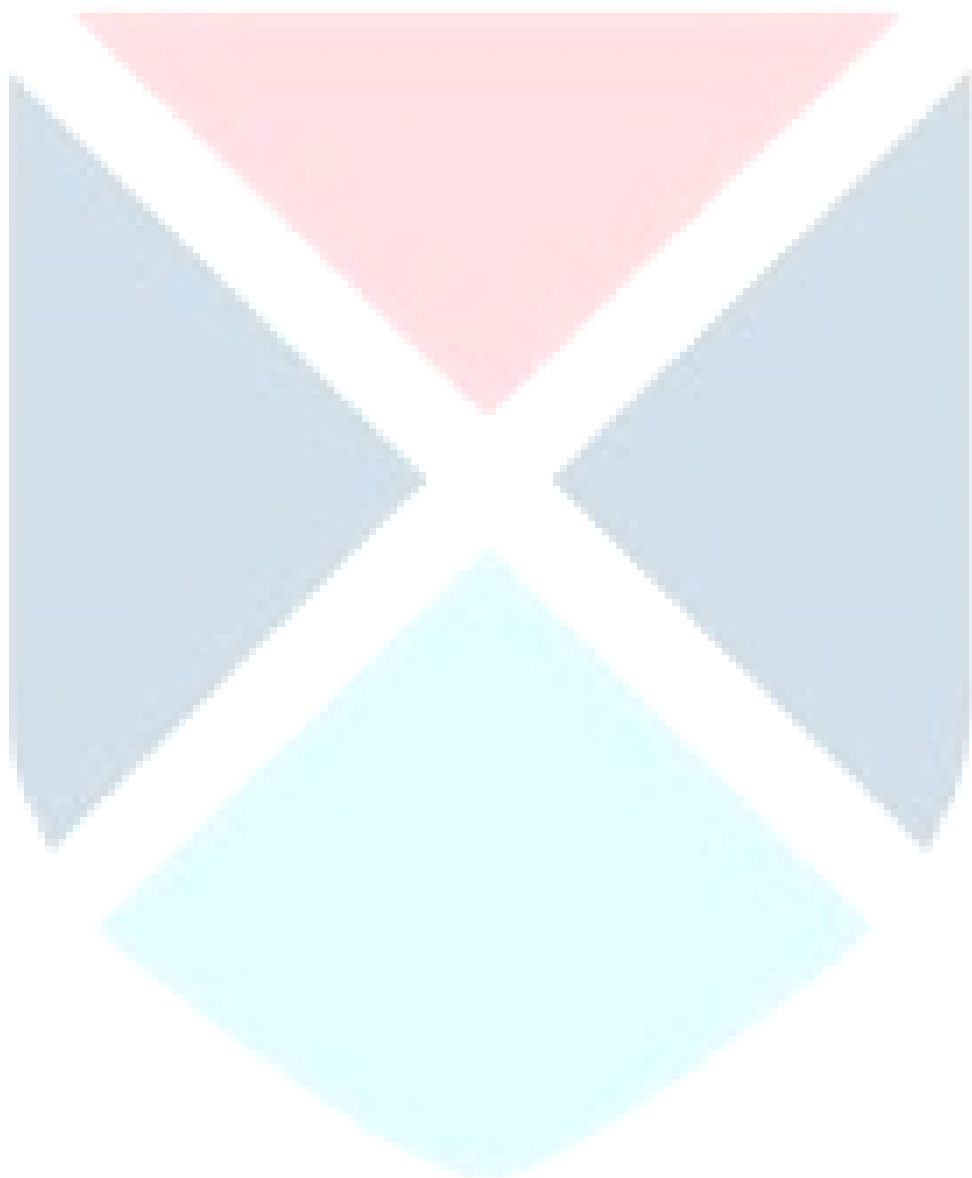
Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	42
Question ID:	9330142
Question Type:	MCQ

Question:	<p>Read the below given paragraph carefully and answer the questions :</p> <p>The ancient Greek were the first society to realize the efficacy of sport and physical activity in disciplining the youngsters right from the impressionable age. At gymnasium, which was not a play area but a formal schooling place, children were taught to discipline their body and mind through physical activity such as wrestling, boxing and athletics. The wise Greeks shaped up their children into men of action and men of wisdom so that they served the state during war and peace with the same strength, power and mental acumen. The Greek citizens were excellent soldiers on the one hand, learned human beings on the other.</p> <p>Which was the first society to realize the efficacy of sport in disciplining the youngsters ?</p> <p>(1) Romans (2) Egyptians (3) Chinese (4) Greeks</p>
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	43
Question ID:	9330143

Question
Type:

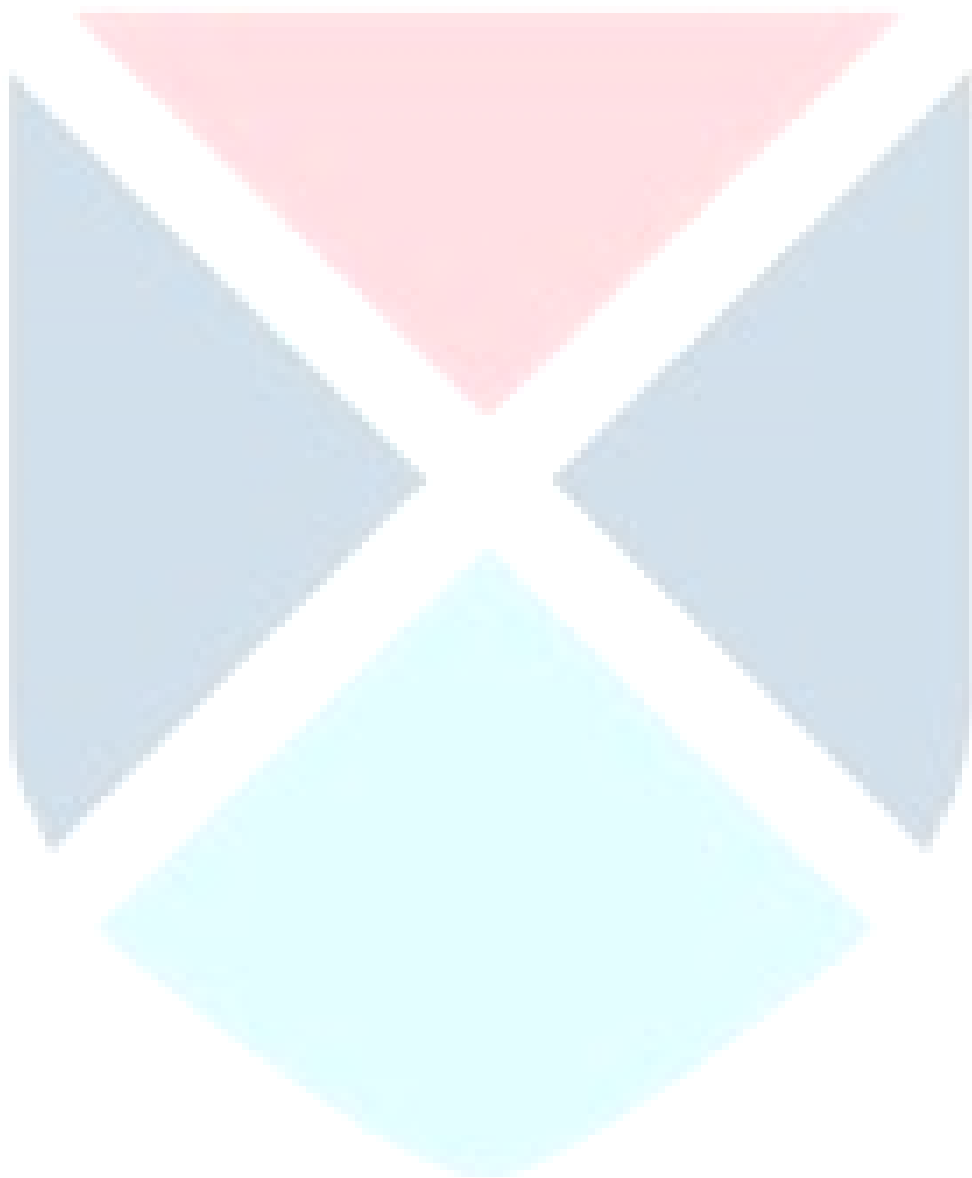
MCQ



Question:	<p>Read the below given paragraph carefully and answer the questions :</p> <p>The ancient Greek were the first society to realize the efficacy of sport and physical activity in disciplining the youngsters right from the impressionable age. At gymnasium, which was not a play area but a formal schooling place, children were taught to discipline their body and mind through physical activity such as wrestling, boxing and athletics. The wise Greeks shaped up their children into men of action and men of wisdom so that they served the state during war and peace with the same strength, power and mental acumen. The Greek citizens were excellent soldiers on the one hand, learned human beings on the other.</p> <p>Which of the below stated activities were not the part of formal schooling in Greece ?</p> <p>(1) Fencing (2) Wrestling (3) Athletics (4) Boxing</p>
A:	1
B:	2
C:	3
D:	4

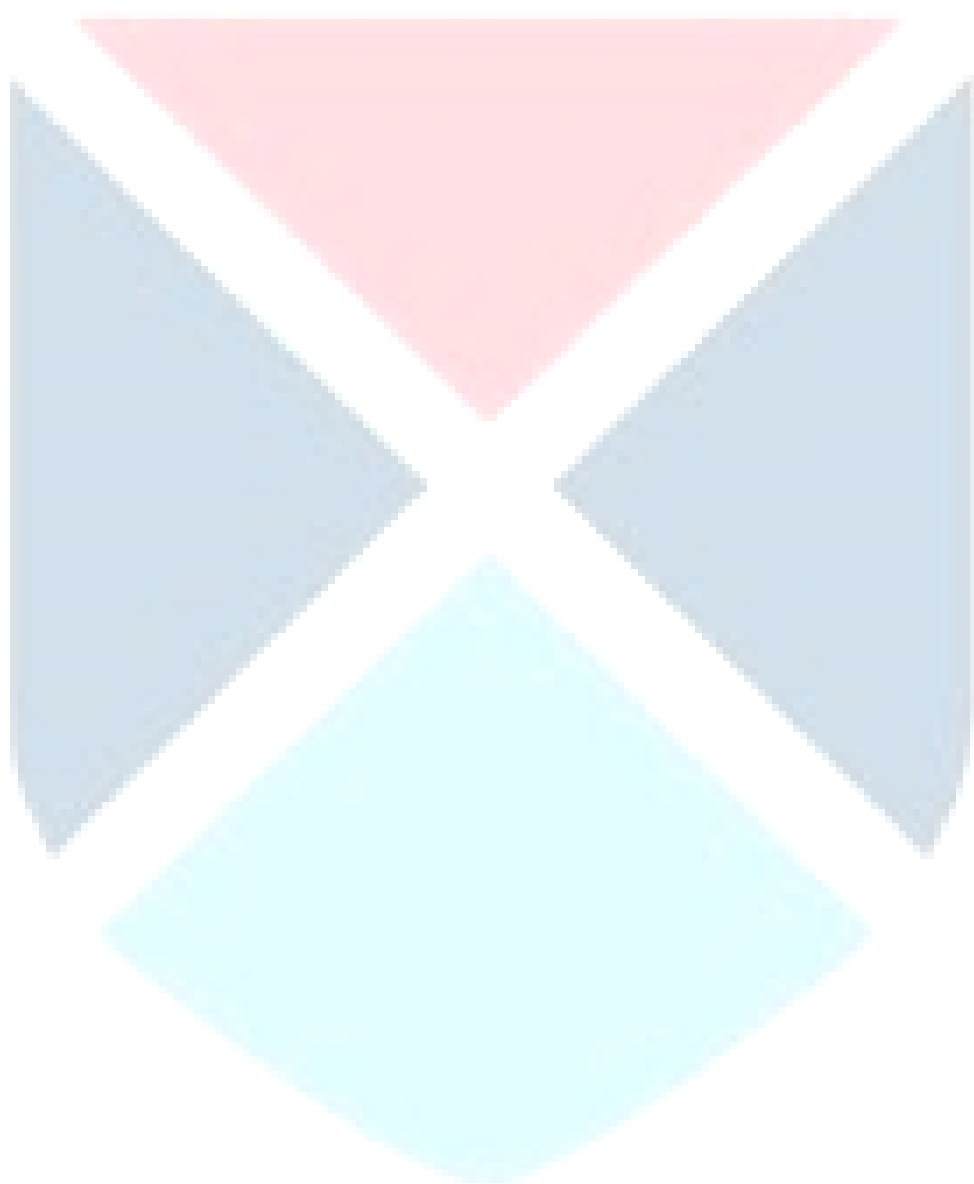
Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	44
Question ID:	9330144
Question Type:	MCQ

Question:	<p>Read the below given paragraph carefully and answer the questions :</p> <p>The ancient Greek were the first society to realize the efficacy of sport and physical activity in disciplining the youngsters right from the impressionable age. At gymnasium, which was not a play area but a formal schooling place, children were taught to discipline their body and mind through physical activity such as wrestling, boxing and athletics. The wise Greeks shaped up their children into men of action and men of wisdom so that they served the state during war and peace with the same strength, power and mental acumen. The Greek citizens were excellent soldiers on the one hand, learned human beings on the other.</p> <p>The Greeks shaped their children into men of _____ and men of _____ .</p> <p>(1) Wisdom, Action (2) Action, Reaction (3) Action, Wisdom (4) Mind, Body</p>
A:	1
B:	2
C:	3



Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	45
Question ID:	9330145
Question Type:	MCQ
Question:	<p>Read the below given paragraph carefully and answer the questions :</p> <p>The ancient Greek were the first society to realize the efficacy of sport and physical activity in disciplining the youngsters right from the impressionable age. At gymnasium, which was not a play area but a formal schooling place, children were taught to discipline their body and mind through physical activity such as wrestling, boxing and athletics. The wise Greeks shaped up their children into men of action and men of wisdom so that they served the state during war and peace with the same strength, power and mental acumen. The Greek citizens were excellent soldiers on the one hand, learned human beings on the other.</p> <p>Which of the below mentioned abilities were not used for shaping up children for war and peace by ancient Greeks.</p> <p>(1) Strength (2) Agility (3) Mental Acumen (4) Power</p>
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	46
Question ID:	9330146
Question Type:	MCQ



Question: an instinctive drive to regularly strive for success and enjoy their task, there are others who seem to lack internal motivation and need extrinsic factors like rewards, prize, money etc, to create the required drive or required behavior.

The team's psychologist spoke about the aggressive behavior among the team players against the opponents.

It was interesting to listen to various occurrences where the players had instigated opponents or charged at them aggressively, in anger, but had later tried to defend their actions.

Occasionally, players were found to be abusing opponents not in anger, but to get a benefit or for the sake of winning, though this behavior is not adequate and they were given punishments as per the code of conduct and rules of sports.

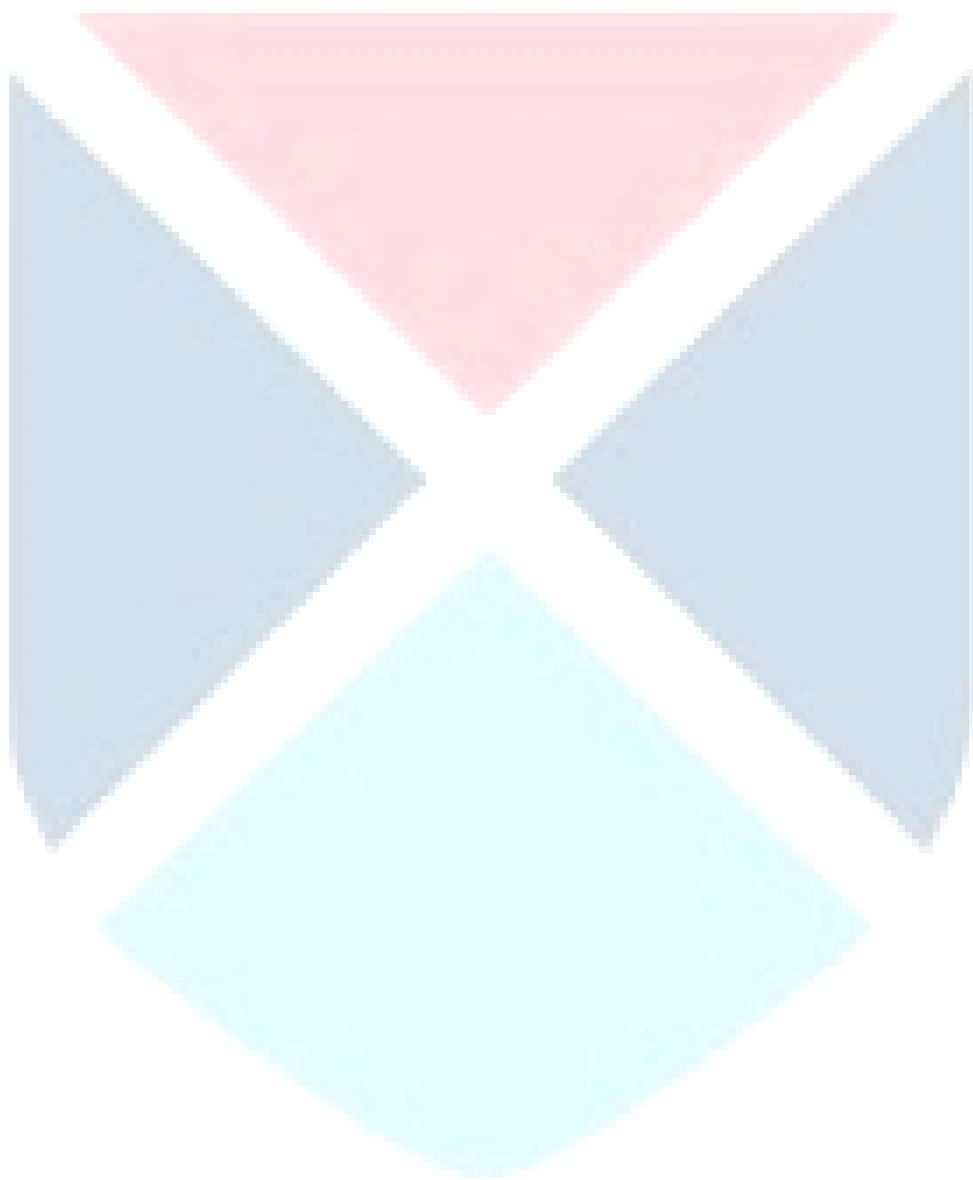
According to coach what plays a critical role in team's achievement ?

- (1) The ability to inspire and encourage individual
- (2) Rewards
- (3) Punishments
- (4) Motivational talks

A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	47
Question ID:	9330147
Question Type:	MCQ

Question:



opponents or charged at them aggressively, in anger, but had later tried to defend their actions.

Occasionally, players were found to be abusing opponents not in anger, but to get a benefit or for the sake of winning, though this behavior is not adequate and they were given punishments as per the code of conduct and rules of sports.

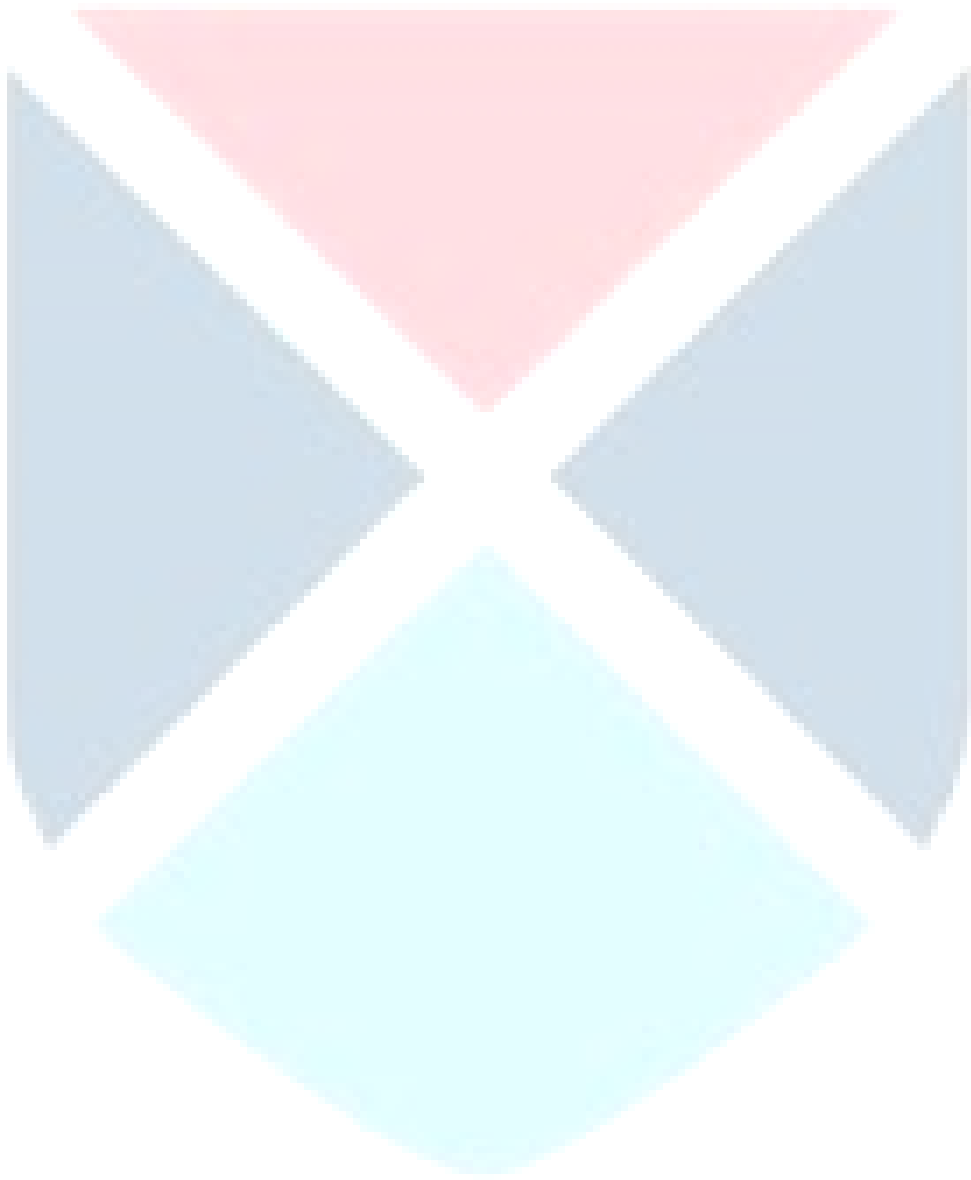
“Occasionally players were found to be abusing opponents not in anger, but to get a benefit or for the sake of winning” what kind of action must be taken against such players ?

- (1) Players must be rewarded
- (2) Players must be punished as per code of conduct and the rules of the game.
- (3) Players must be encouraged
- (4) Players must be allowed to do the same

A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	48
Question ID:	9330148
Question Type:	MCQ

Question:



Given punishments as per the code of conduct and rules of sports.

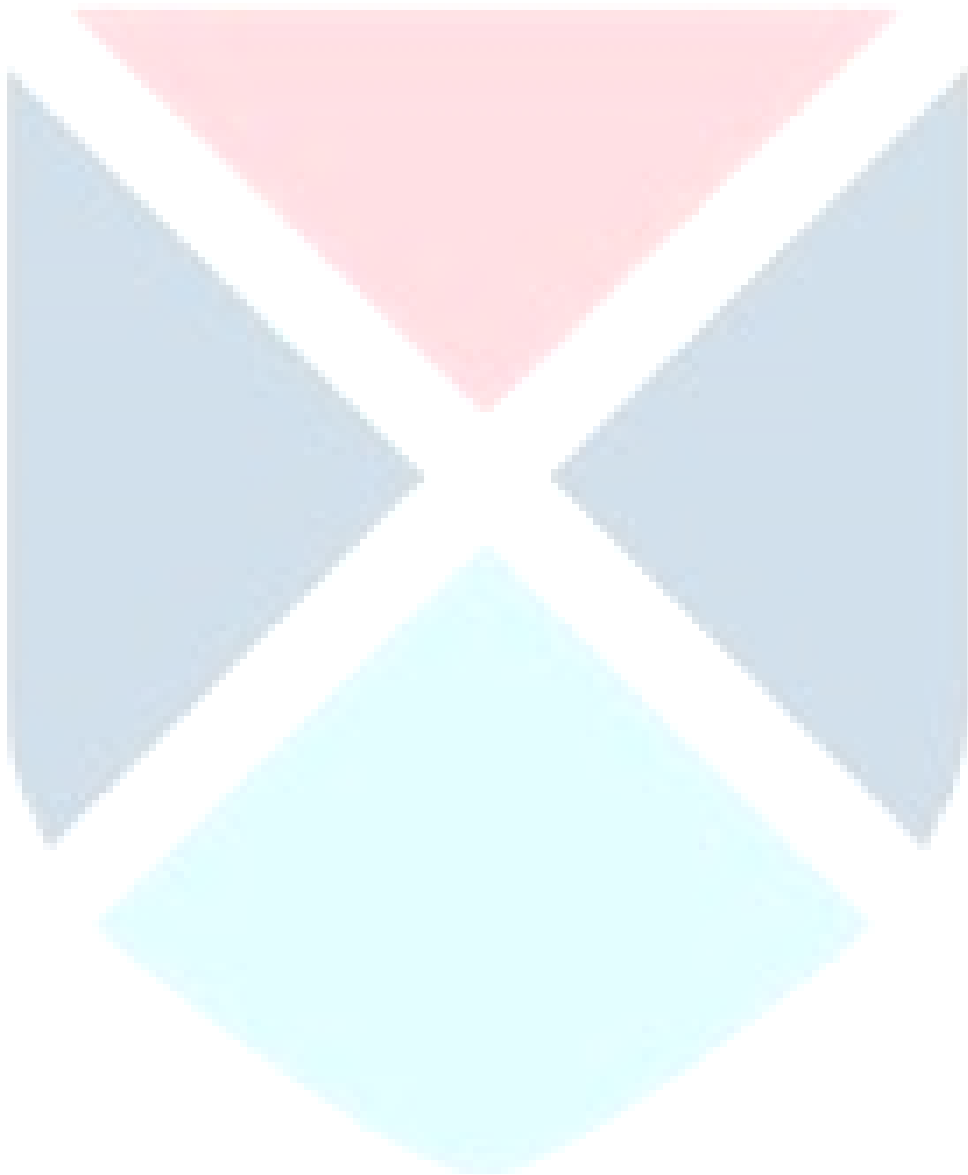
According to coach, some players had an instinctive drive to regularly strive for success and enjoy their task. Where as, others who seem to lack internal motivation and need _____ to create the required drive.

- (1) Rewards, prize money
- (2) A motivational talk from the coach
- (3) Good suggestions from the seniors
- (4) A consultation from the psychologist

A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	49
Question ID:	9330149
Question Type:	MCQ

Question:

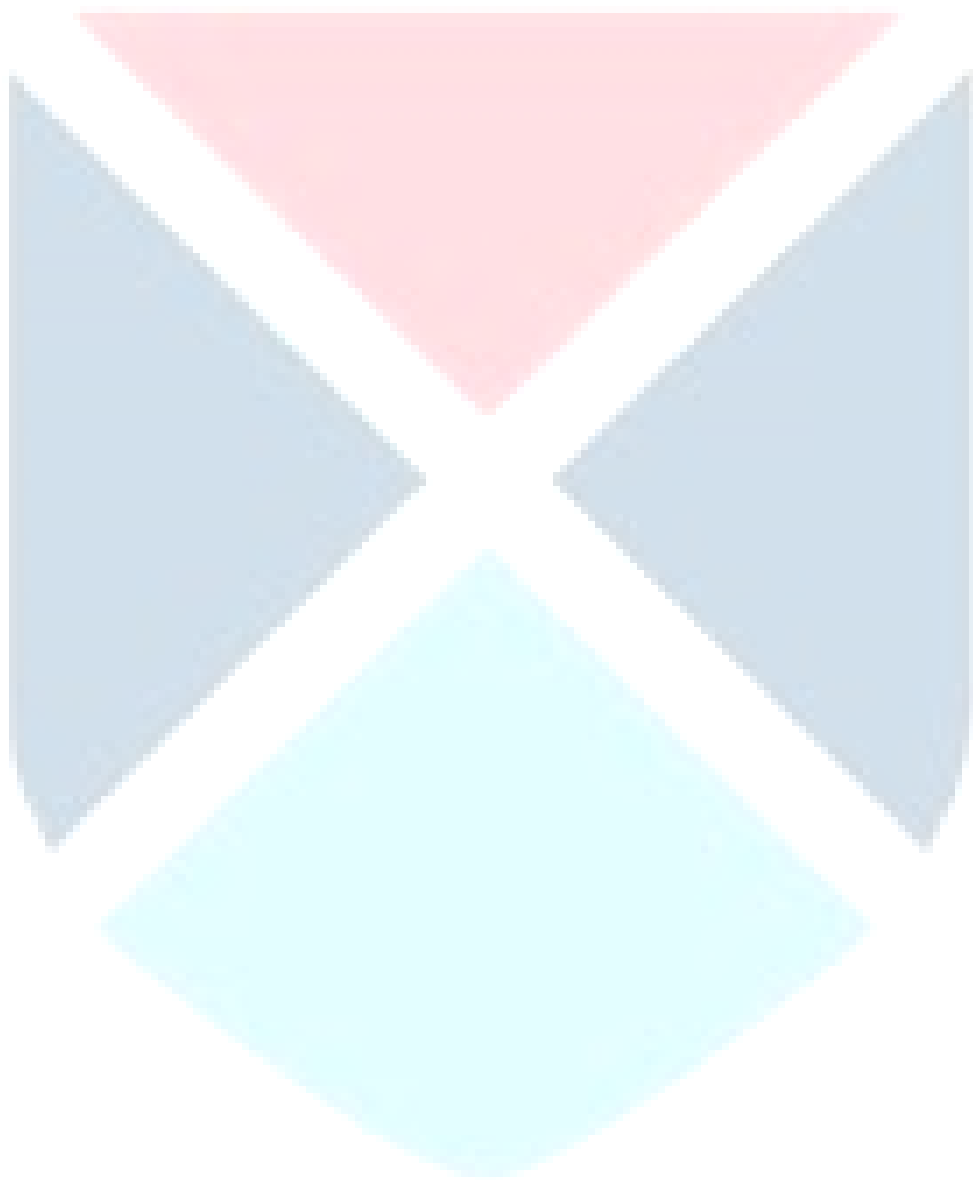


	(3) Good - leaders (4) Great communicator
A:	1
B:	2
C:	3
D:	4

Section:	PHYSICAL EDUCATION/NATIONAL CADET CORPS(NCC)/YOGA
Item No:	50
Question ID:	9330150
Question Type:	MCQ



Question:



	(3)	(B), (C) only
	(4)	(D), (E) only
A:	1	
B:	2	
C:	3	
D:	4	

